



## Summer Dance Intensive

July 30 - August 4 (Mon-Sat) ~ 11 yrs through professionals\* ~ \$300  
10 AM to 3 PM

\*Dancers must have at least 3 years of ballet training

### **Workshop Facilities:**

New Mexico Ballet Company ~ 10410 Comanche NE ~ Albuquerque, NM

Families will be invited to view the dancers' accomplishments during the final day performance.



**Guest Teacher  
Lauren King  
New York City Ballet Soloist**

## **Admission Policies**

Class size is limited and admission is on a first come, first serve basis. Drop ins for the day will be allowed if the class is not full. All drop in fees must be pre-paid before entering class. A registration form must be filled out before class and if the dancer is under 18, a parent must fill out and sign the form. No exceptions. All dancers must have a minimum of 3 years of ballet training.

## **Curriculum**

The workshop is set up to provide students with high quality, intense training. Each day, the dancers will have a one hour and 45 minute technique class followed by a one hour pointe class or pre-pointe class. There will be a short break followed by 75 minutes of variations. Times are approximate and may vary daily depending on the teacher's specific lesson plans.

Please note: pre-pointe class is in no way an acknowledgement we consider your dancer ready for pointe. It is a class designed to help your dancer gain the strength needed for pointe and have an understanding of what pointe involves. Putting a dancer on pointe will be determined by the dancer's home school. A dancer's participation on pointe for pointe class or variations will be determined by the teacher.

Breaks between classes are very short and there is only a 30 minute lunch break. We ask that dancers bring their food for the entire day and not leave for lunch. Be sure to bring plenty of light, healthy, compact snacks and a light lunch plus plenty of water (please no other drinks in the studio).

## **Faculty**

NMBC's guest teacher is Lauren King, a current soloist for New York City Ballet.  
<https://www.nycballet.com/Dancers/Dancers-Bios/Lauren-King.aspx>

## **Class Etiquette and Attire**

All dancers will arrive dressed for class at least 15 minutes prior to the beginning of class and be in the classroom when class begins. Dancers who arrive late may be denied admittance to class. All female dancers will wear a plain black leotard and pink tights. No cover ups will be allowed and skirts only with permission of the teacher. Hair will be pulled up neatly and shoes will be in good shape. Colored leotards are allowed on Friday. Male dancers will wear a black or white shirt with black tights and shoes in good condition. No sweat pants. Dancers will treat each other, instructors, the staff and the facility with respect. Only water is allowed in the classroom and all cell phones will be in the off mode during the intensive and will remain in the dressing room.

## **Notification of Changes**

NMBC reserves the right to change faculty, staff or times listed above. While we do not anticipate changes, they may occur. Updates will be given to registered dancers as they happen via email.

Dancers and their parents are responsible to check their email for changes.

## **Refunds**

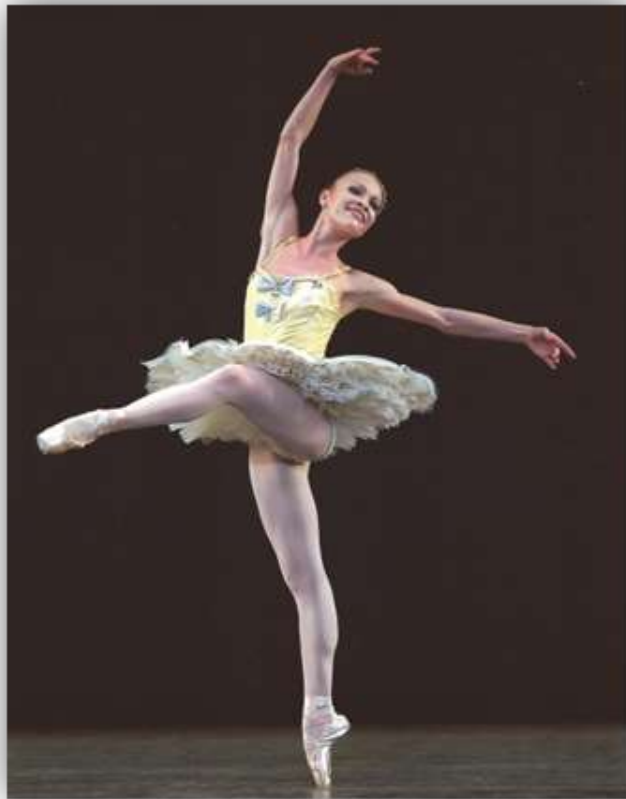
There will be no refunds and no credit for missed classes.

## **Registration**

A minimum \$50 non-refundable deposit is required with registration. Balance is due by July 15<sup>th</sup> by check made out to NMBC. Please hand in or mail the deposit, registration form, signed waiver and check to NMBC at:

**New Mexico Ballet Company**  
**PO Box 21518**  
**Albuquerque, NM 87154**

Feel free to contact us at 505-292-4245 or [mjtcrafts@gmail.com](mailto:mjtcrafts@gmail.com)



**NMBC End of Summer Workshop 2018 - Please print neatly**

Name \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_

Address

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Dancer's phone \_\_\_\_\_ Email \_\_\_\_\_

Years of dance experience: Ballet \_\_\_\_\_ Other \_\_\_\_\_

Current studio \_\_\_\_\_ Teacher \_\_\_\_\_

Parent 1: name

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Phone # \_\_\_\_\_ Email \_\_\_\_\_

Parent 2: name

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Phone # \_\_\_\_\_ Email \_\_\_\_\_

**Emergency contact** \_\_\_\_\_ **Phone** \_\_\_\_\_

Relationship

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**Please list any health issues, recent injuries, allergies or daily medications:**

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**Please include a check for a minimum of \$50. This is a non-refundable deposit, made out to NMBC, that applies to the total amount owed.**

**Balance is due by July 15.**

**Please turn in or mail payment and forms to:**

**NMBC ~ PO Box 21518 ~ Albuquerque, NM 87154**

**Please read and sign the page below. If the dancer is under 18 years old, the form must be signed by a parent.**

## **Injuries/Waiver of Liability/Authorization**

I understand that there is risk of a potential injury associated with dance classes. I represent the above named student is in good health and physically capable of participating in dance classes. On behalf of myself (and the above mentioned student, if different from the undersigned), I hereby waive and release any claim against New Mexico Ballet Company, their staff, employees, landlord and contractor, arising out of personal injury occurring in connection with classes or otherwise occurring in or around the dance school. I accept responsibility for obtaining appropriate accident, health and hospitalization insurance to cover the student in event of personal injury. In the event of an injury or other medical emergency, if I cannot be reached, I authorized NMBC to seek any medical assistance reasonably required and I agree to be responsible for medical expenses incurred on behalf of the student.

I agree to allow NMBC to use photographs of the above mentioned student on its website and advertising materials.

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(Signature of student or legal guardian if under age 18)

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Date